

HOW TO: **MR. NICE GUY**

ATTRACTING GIRLS USING GOOD MANNERS.



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Introduction

I like you as a friend. You're like my brother. I don't want to ruin our friendship; I'm sure you're familiar with those lines. Have you ever wondered why? You've been so nice to her, you've been giving her all of your attention, you've never mistreated her, yet, she's dating that rude jerk - that may have made you think of yourself as too nice to get a girlfriend. You probably think it's the jerks who get all the hot girls. But is that really true? I would like to prove you wrong. It's not necessarily true that you have to be bad or rude to get your way with girls.

Being Too Nice - Really?

Every guy, no matter if he's "good" or "bad", has the potential to get the girl of his dreams. That includes you. Contrary to popular beliefs, you don't have to be a bad guy to be loved by girls. So, what's the issue? Does a term like "being too nice" even exist?

I personally don't believe so. To be honest, I personally prefer this method - it's more natural to me and it has several benefits, which I'm going to describe later. I've been successful

Without further ado, let me explain where most guys fail - and you probably belong into this category, as well.

Imagine the last girl who rejected you and used one of the aforementioned lines as an excuse. You were probably nice to her. You probably gave her a lot of your attention. You texted her first. You made sure she was happy and comfortable, while not caring about your own happiness - just seeing her happy made you happy, as well. You were sure she was going to say yes, because she had every reason to do so, but then you got rejected, anyway. *How's that even possible?!* You're probably confused.

Let me point out a few things here. Let's assume you were attracted to her and you had some sort of feelings for her - which, after all, is probably the reason why you asked her out. It wasn't a mistake to be nice to her. It wasn't even a mistake to be **too nice** to her. The real mistake was that you focused on **logical attraction**. You thought she would go out with you, because you were nice to her and she saw you as a nice person. You simply focused on making her think you're a nice person. You tried to impress her. Don't worry, we all have been there. There's another issue, though.

When we're attracted (or in love) to someone, we tend to overlook their mistakes and we put them on an imaginary pedestal. This can often make her take you for granted and you can't blame her - it's not her fault. **You** made her feel that way.

The “Important Three”

Now that I’ve mentioned logical attraction, I’d like to clarify what it is and why it’s important to understand it, along with other key elements of every relationship.

I’d like to sum up the most important elements into three categories, that affect the way someone feels about you and how they react to different situations involving you.

As I said earlier, the first one is **logical attraction**. You’re probably familiar with this one. When you’re nice to a girl, you treat her like a princess and you’re there for her, you build logical attraction. We could sum it up as a set of actions and ways of various behavior, giving someone **logical reasons** to be with you. Sadly, this is not enough to build attraction, however, it’s key when it comes to getting and eventually keeping a girl. Logical attraction includes being kind, nice and thoughtful.

The second of the important elements is **emotional attraction**. If you’re not looking for a “normal” relationship, but you simply want to be in a “friends-with-benefits” kind of relationship, this element doesn’t have to be present, at least not fully. A lot of people who are afraid of opening up emotionally prefer this kind of relationship, because there’s no commitment on the emotional level. Emotional attraction is built through “connecting” to the person on an emotional level - understanding them and being there for them. Having similar interests also helps, because it gives your desired person the feeling that **you understand her**.

Last but not least, there’s **sexual attraction**. It’s absolutely **crucial** - as a matter of fact, I think it’s the most important element. You can easily tell if you’re attracted to someone and the same goes for girls. Although, if you’re attracted to her and she may not be sexually attracted to you, **don’t worry**. One of the easiest ways to build sexual attraction is through touch - I’m not going to explain this into detail, but a few more examples would include flirting and not being available to her all the time.

What Makes You A Good Guy

I'd like to talk about the key elements that are crucial for "nice" guys in order to be successful and also about what makes a good guy.

Before I tell you what to do, I'd like to break it all down into several personality traits that you should show and how you should portray yourself;

Caring - This doesn't mean you should ask her about everything to make it seem like you care. This means being there for her, although, you should be careful not to become her sounding board - you know, listening to how she complains about other guys and such stuff. That would get you friendzoned - instantly.

Respectful - If you're reading this while thinking - "*Am I not supposed to be a bit rude? Cocky?*". Unless you know how to do it properly, don't even try - but I'd like to talk about this in my other e-book. Being respectful means that you won't offend her and you will make her feel comfortable. Remember one thing - **no pick up line will open doors the way good manners will**. This doesn't mean you should treat her like pure gold, though.

Honest - Flirting is okay (as a matter of fact, it's necessary), but lying is not. Being honest will build trust and it will be easier for you to get closer to her.

Talkative - No, this doesn't mean talking with her all the time and approaching her whenever possible just to initiate a conversation. What we're talking about here is knowing how to hold a proper conversation. Not one that goes like "*Hi, what's up?*" "*Not much.*" "*Oh okay.*" - and that's it. Learn how to have a proper conversation and most importantly, let her talk about herself (no, not about other guys).

Positive - Nobody likes that obnoxious and pessimistic person who always complains about something - whether it be people, life, their problems... it doesn't matter. Just **make sure you're not that person**. Smile, show everyone you're happy. It sends a good vibe and people will enjoy your company **a lot more**.

Mystery - This doesn't necessary make you a nice guy, although, it's vital in avoiding the friendzone. Show interest, but don't be too open and direct. Flirting is your best friend, along with being playful. Use words, sentences and idioms that may have another meaning.

Confidence - If there's an "attractive-to-all" trait, it's definitely confidence. If you lack it, learn how to build it - you'll find how to do that later. Again, this isn't a trait that's necessarily related to good or bad guys, it's just an attractive trait in general, so make sure to take advantage of it.

Making Her Feel Good

The key element here is making a girl feel good. It's important to say a lot of guys make a mistake and they try to impress a girl in order to make her feel good about **them** (the guys). Why is this a mistake? Well, it may get her attention, but it isn't enough to build attraction and trust. In order to build these, you need to make her feel good about **herself when she's with you**.

Make sure you don't offend her - instead, compliment her when she does something that you like or want or when she's nice to you, let her know. Show her good manners and the chances are, she will like or even love you.

A good way to compliment someone is, for instance, to tell them they're a nice person, that you're proud of something they've achieved (preferably something you two have in common) and so on. When complimenting her, focus on using nouns ("a nice person") instead of adjectives. Doing this will result in her feeling better about herself, instead of making her feel good about you.

What To Avoid

“Good” and “bad” don’t have to be exactly the opposite, at least not here. The following list of traits doesn’t make you a bad guy. These traits make it harder for you to succeed with girls, so avoid displaying them at any and all cost.

Jealousy - It’s okay to show interest, but being jealous doesn’t mean that. It only means you’re insecure. Admit it. You fear there may be something more between her and the guy sitting next to her.

Being clingy - It’s related to being insecure, as well. Excessive need for affection and reassurance will likely drive her away. No girl likes that guy who spends all the time with her, just to make sure she spends all her time on him. Try to understand she’s an individual and unique person, which means she has her own interests and hobbies. It doesn’t mean she doesn’t like spending time with you.

Seeming boring - You should spend time with yourself or your friends. Spend time on your hobbies. If you have none, make sure you make some, or you’ll be seen as boring - and nobody likes being around the person who doesn’t know how to have fun, right?

Building Confidence

Don't worry if you don't feel confident enough. I used to be like that, as well, so I understand you and your situation. Here are some tips to make you look better, feel better and how to help you build confidence.

Start working out - Seriously. A lot of people don't realize this, but this is probably the best confidence booster. I can tell a **huge** improvement. Not only will it make your body look better, but you will feel much better and more confident about yourself. Abs are not a necessity, though, so don't be too hard to yourself. I'm not going to explain what exactly you should do, but learn to work out at least **30 minutes** every day and if you can, go to the gym at least 3 times a week. This has multiple advantages; you will have an amazing new hobby and you will show everyone that you're capable of making big changes - that's one of the key elements of getting out of the friendzone with people you've been friends with for a long time, but if you want to learn more about this, check out my other e-book, which explains how to do that. Also avoid **drinking sweetened drinks** (sorry, my friend, but your diet coke isn't good for losing weight, either) and **quit junk food** - candy bars, fast food, chocolate. You know what I'm talking about. Show others that **food isn't your only hobby**. Also, make sure to **take a picture of yourself** when you wake up - just to remind yourself that if you decide to break your new healthy habit, **you will always look and feel the same**.

Be a leader - Some people are natural leaders, meaning they're good with people. They love company. Give people a reason to follow you wherever you want to lead them. Organize events for your friends, make a habit out of it and they may start bringing you along to more events, as well.

Be passionate about something in your life - be proud of something you've achieved or some trait you have. Do something that you enjoy and try improving at it. This will also help you build your social circle and meet people who are interested in the same kind of stuff.

Start with girls online first - No, I'm not talking about getting into "online relationships". They usually don't work and you don't want to commit yourself to someone you can't even touch, hug, kiss and so on, right?

I'm talking about getting girls on cam, for instance. Speaking based on my own experience, it's a **huge** confidence boost. It also helps you learn how to talk to girls in general. If you're absolutely inexperienced, I suggest that you read **my other e-book** to learn how to get some cam experience with girls.

The Right Mindset

In order to improve, you need to have fun. Fun is very important. When you enjoy something, you look forward to doing it and you do it more often - meaning more practice. And as they say, practice makes perfect.

Simply put, change your attitude - if you feel like picking up girls is a chore, a must, something you **have** to do - you simply won't enjoy doing it. Next time you find yourself doing something you enjoy, focus on **having fun** - everything seems much easier, because hey, no matter the outcome, you've had fun, right? So, next time you're out and see an attractive girl, simply focus on having fun - not just on picking her up.

It honestly isn't a big deal. It's important to keep in mind that not talking with a girl produces the same outcome as being denied, so you should at least try it. The more times you fail, the better you will be the next time.

Conclusion

This book offers insight into being better with women while being “a nice guy”. This doesn’t mean you will instantly start getting tons of women - it means you will be on the right track to getting better and better every day. I personally feel like this method is more successful when it comes to maintaining generic (monogamous) relationships, but you can also make friends with benefits this way.

Remember, you’re not on your own. I’m here for you and I’ll be glad to help you.